

Montgomery County Family YMCA Youth Sport Symptom Screening Guidelines

Symptoms must have appeared within the last 7 days.

- Dry, persistent cough
- Shortness of breath or difficulty breathing
- Fever > 100.4°F
- Gastrointestinal symptoms (diarrhea or vomiting)
- Sore throat
- Sudden loss of sense of taste and/or smell
- Headache
- Body aches

Recently been in contact with a person who has tested positive for COVID-19?

- Yes No

Recently been tested for COVID-19 and is waiting for results to return?

- Yes No

Recently been clinically diagnosed or has lab confirmation for COVID-19? (within the last 14 days)

- Yes No

If any of the above symptoms are checked and/or you answer “yes” to any of the questions, your child can not attend practice that day and you must contact coach via phone to advise of no attendance.