

## Montgomery County Family YMCA Youth Sports

### Resumption of Play Guidelines for COVID-19

Youth sports will be resumed for 1<sup>st</sup> grade and above in those sports as approved by state, local regulations and after consultation with county health department.

Pre-K and Kindergarten level sport play will not resume due to anticipated difficulty with having children of that age comply with distancing/ sanitizing procedures.

***Should a positive case or a suspected case of COVID-19 occur to any player, coach or other that is connected or associated in any way to MCFYMCA youth sports ..or should any player, coach or other have a known possible exposure to someone with a positive COVID-19 or suspected case, the YMCA Program Director must be immediately notified. The YMCA Program Director will make immediate notification to the public health department and follow their guidance for communication and recommendations for handling the matter.***

#### Guidelines for All Sports

- **NO** games/practices may be held with any out of town teams, either in Red Oak or in travel to another town.
- All youth must have own equipment and clothing at each practice/game. (Gloves, shoes, hats, socks, shorts, shirts, bats.) No pullover practice jerseys can be used. No sharing /borrowing of any equipment or clothing. Balls will be provided
- Players must bring own water/sports drink with name on bottle.
- Coaches, prior to arrival for each practice/game, must review symptom checklist to ensure their eligibility to coach that day. If any positive symptoms are shown or any question answered “yes”, the coach is ineligible to coach in practice/game and the YMCA Program Director needs to be contacted immediately to discuss matter.
- There will be a **mandatory** parent meeting prior to resumption of season play with the YMCA Program Director. Parent/guardian will be required to sign a liability waiver for child’s participation, will acknowledge that play is at own risk, and that the six-foot social distance radius may not be maintained in all circumstances. They will be advised of safety protocols and sanitization procedures that youth will need to comply with to participate. Parent/guardian will also be given a symptom checklist.
- Prior to arrival for each practice/game, the parent/guardian must review symptom checklist to ensure child is eligible to participate that day. If any positive symptoms are shown or any question answered “yes”, the player is ineligible to participate in practice/game and the YMCA Program Director needs to be contacted immediately to discuss matter.
- Coaches will have mandatory pre-resumption meeting with YMCA Program Director to cover their responsibilities and requirements to comply with sanitization and distancing. Also, they will be given guidelines for their respective sport for the conducting of practices/play of games. They will also be given reporting requirements for any cases of, or symptoms of, or any knowledge of any possible exposures. They will also need to sign a waiver of liability form for volunteering to coach.
- Parents, families and friends of players or coaches attending practices/games must maintain a six-foot distance from each other.

### **Baseball / Softball Guidelines**

- Each player must have own bat, glove, batting gloves. Helmet will be provided and shared but sanitized after each player use. All equipment sprayed and disinfected at start and end of play.
- Balls will be provided and sanitized on frequent basis throughout play by players and coaches.
- No dugout usage by players or coaches.
- Player's equipment must be stored at least six feet apart along fence line.
- Umpiring done from behind the pitcher mound maintaining six-foot social distancing standard.
- No stealing of bases with only two-step lead-off and no first baseman holding runner.
- No high fives, fist bumps or hand/body contact between players and coaches.
- No spitting.
- Coughs and sneezes must be covered with bent elbow technique.
- Coaches and players should not physically contact each other when all possible. However, players may have physical contact with one another during normal play.
- Team huddles or meetings should be done with all maintaining the six-foot social distancing standard.
- Coaching visits to mound to visit pitcher must be done maintaining the six-foot social distancing standard.
- Players not on field of play (not participating in game/practice) must maintain the six-foot social distancing standard.
- Parents, families and friends of players or coaches must stay behind playing field fence within the designated spectator area and maintain the six-foot social distancing standard.